

MINDWORK: MENTAL WELL-BEING IN THE POST-COVID WORKPLACE

MINDWORK is an EU-funded project that aims to tackle mental health challenges in the workplace, particularly for individuals involved in cross-border mobility. The project focuses on trainees, employees, and employers across Europe, promoting mentally healthy and inclusive work environments.



◆ KEY OUTCOMES:

- ✓ Compendium on Mental Well-being – A guide to best practices.
- ✓ Action Plans for Diversity & Inclusion – Strategies for an inclusive workforce.
- ✓ Hybrid Toolkit for Knowledge Sharing – Digital resources for organisations.



 **FINAL CONFERENCE – 26TH MARCH 2025 @ 10.30AM CET (9.30 AM GMT)**

 Dublin, Ireland

 Hybrid meeting – location & link coming soon!

◆ Presenting findings & shaping workplace well-being.

◆ Join industry experts & stakeholders.

 Scan the QR codes for more info & updates!



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