

# Choose your training wisely!

Before going to the training, analyze yourself, your previous knowledge, skills and experience, and your goals. Training is a tool to achieve your goals. Check the training provider's website for the basics of study organization and the training curriculum. If the training is paid for from public funds or you want to receive an income tax refund for the training, make sure that the continuing education provider is registered in the Estonian Education Information System EHIS [www.ehis.ee](http://www.ehis.ee). The instructional video, which can be found on the website [bit.ly/koolitustargalt](http://bit.ly/koolitustargalt), will help you to choose the training.

---

1. I understand what I can do after the training and what the learning outcomes of the training are.

Yes      No

2. The goals of the training coincide with my goals.

Yes      No

3. I am aware of the share of internships and independent work in the training.

Yes      No

4. The training takes place at a time and place convenient for me.

Yes      No

5. I have the opportunity and motivation to participate in the training in full.

Yes      No

6. I have the necessary prerequisites to start the training (e.g., language skills, tools).

Yes      No

7. I have read about the trainer's experience and competence.

Yes      No

8. I know whether I will be issued a graduation certificate or a certificate of attendance upon successful completion of the training.

Yes      No

9. I know what I need to bring to the training and what costs may be associated with attending the training.

Yes      No

10. I know how payment for the training takes place and how I can cancel my registration.

Yes      No

**I'm Done!**



Kaasrahastab Euroopa Liit  
Erasmus+ programmi kaudu



Eesti Töötukassa

