

CAREER GUIDANCE – A USEFUL SERVICE FOR YOU

Career guidance makes it easier for you to make good choices in relation to education and work. It will help you to take your first steps on the road to working life. You will get to speak with a professional career adviser about your preferences and possibilities for education and work in Norway.



What is career guidance?

The goal is for you to learn what possibilities you have in Norway. For example, the guidance can focus on how you can use your education and work experience from your home country, or how to start education in Norway.

You can receive career guidance after you register your qualifications on the website **cv.imdinett.no**. The career adviser will use this information to prepare for his/her meeting with you.

Who are the career advisers?

The career advisers are professional advisers who know a lot about education and professions in Norway. The career advisers work at a career centre – public agencies that offer free career guidance to everyone over 19 years of age in Norway.

Advantages for you

By participating in career guidance you will receive information about education and work. You will receive advice on how you can use your knowledge and experience in Norway.

The career guidance is intended to give you the best possible offer of training, education or work experience in the municipality where you live. If you already have an education, you can apply to have your education recognised, so that you can use it in Norway.

Registration of information from the career guidance meeting

After you have met with the career adviser, she or he will register some information from your conversation. This is so that other people you will meet from the municipality or NAV can prepare for their conversation with you. The career adviser will only register information about:

- your education and work experience
- your skills and interests
- your education and work preferences in Norway
- whether you need to apply for recognition of education
- other information that may be relevant to further training



Your rights

You have a right to see what information is registered about you. You can demand that any incorrect information be corrected by contacting the Directorate of Integration and Diversity at this email address: **post@imdi.no**

Your information will only be shared with the people who will advise you about training, education and work. The information will not be used when considering your application for protection (asylum).

Invitation to career guidance

You are hereby invited to a career guidance meeting.
It is very important that you notify us well in advance if you are
unable to attend.

Date.....

Time.....

Place.....

If you are unable to attend, please notify.....

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Welcome to the career guidance meeting!

