

## **Specific Learning Difficulties in Adults: Inclusion and Intervention**

Specific learning differences/difficulties (SpLD) are a range of conditions that affect the individual's abilities to learn in normal contexts by traditional methods.

These conditions are distinct from global learning difficulties in that difficulties arise not from intellectual impairment but rather from particular processing differences and, typically, there will be a discrepancy between the individual's general intellectual abilities and their abilities in certain areas of learning (such as written language or number skills) or under certain circumstances.

Dyslexia may be the most common of the specific learning differences but dyslexia may result from, occur along with or be misdiagnosed for one of the other conditions. Equally, other specific learning difficulties can cause difficulties with reading writing or number and organisational skills.

### **Aim**

This workshop identifies the problem areas associated with a range of specific learning difficulties in adults and explores approaches and strategies which can assist in overcoming these difficulties in learning and workplace settings.

### **Outcomes**

Participants will have:

- awareness of the problem areas across a range of SpLD
- knowledge of working memory, its importance in learning and factors affecting its efficiency
- explored practical difficulties across common problem areas
- considered practical methods and ideas to help overcome SpLD related problems

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This training is suitable for those working with adults on learning or workplace contexts and who have attended the awareness raising session: Introduction to Specific Learning Difficulties in adults.